

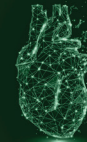
Echo Crit level II

21 e 22 de novembro 2025

Centro de Simulação



Echo Crit level II



SPEAKERS

Coordinator: **Filipe Gonzalez** | Intensive Care and Internal Medicine | EDEC supervisor

Ana Rita Varudo | Intensive Care | EDEC trainee

António Tralhão | Intensive Care and Cardiology | EACVI certificate

Doroteia Silva | Intensive Care and Cardiology | EACVI certificate

Jacobo Bacariza | Intensive Care and Internal Medicine | EDEC trainee

João Leote | Intensive Care | Cardiac ultrasound technician

Pedro Costa | Intensive Care and Internal Medicine | EDEC certificate

COURSE MANAGER

Sofia Fraga

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BRIEF COURSE PRESENTATION

EchoCrit level II is an echocardiography course aimed at anyone who wants to acquire advanced tools to manage the critically ill. From the operating and emergency room to the intensive care unit, from diagnosis to hemodynamic monitoring, it covers all topics for those taking a step forward in echocardiography in the management of critically ill patients.

The course is born from the desire for synergies between the Portuguese Society of Intensive Care (SPCI) and the CUF Academy. It is specially designed for those undergoing training in specific stages of echocardiography, whether in intensive care, anesthesiology, cardiology, or any other specialty with an interest in echocardiography as an advanced clinical decision aid.

COURSE HIGHLIGHTS

- **Advanced Echocardiography Focus:** Echocardiography course aimed at acquiring advanced tools for managing critically ill patients, covering topics from diagnosis to hemodynamic monitoring.
- **Multidisciplinary Relevance:** Designed for those in intensive care, anesthesiology, cardiology, and other specialties using echocardiography for advanced clinical decision-making.
- **Interactive Learning:** 2-day duration with interactive clinical case scenarios modules and hands-on sessions.
- **Simulation-Based Training:** Utilizes a simulation center equipped with a TEE mannequin featuring normal and pathological scenarios.
- **Pedagogic Approach:** Emphasizes interactive learning, combining in-depth lectures with case-based discussions, practical demonstrations, and critical analysis of real-world echo images and videos.
- **Synergy between Societies:** Born from the desire for synergies between the Portuguese Society of Intensive Care (SPCI) and the CUF Academy.

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PROGRAMME

DAY 21

08h30 Registration

09h00 **Basic vs Advanced EchoCrit**

09h20 **TEE views**

09h40 **LV diastolic function**

10h00 **Vexus**

10h20 **Lung ultrasound**

10h40 Coffee break

11h00 **Hands on** | 4 groups of 5
A+B | **TEE simulator - views**
B+A | **Lung ultrasound**
C+D | **LV diastolic function**
D+C | **Vexus**

13h00 Lunch

14h00 **Hands on** | 4 groups of 5
C+D | **TEE simulator - views**
D+C | **Lung ultrasound**
A+B | **LV diastolic function**
B+A | **Vexus**

16h00 Coffee break

16h30 **Prosthetic valves**

17h00 **Cardiogenic shock - AMI and cardiomyopathies**

17h30 **Obstructed Heart - Atypical tamponade, Constrictive pericarditis, DOLVOT**

18h00 **Intracardiac device infections and systemic embolism**

18h30 End of the 1st day

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DAY 22

09h00 **Diaphragm**

09h20 **Ventilatory weaning failure**

09h40 **Inexplained sustained hypoxia & shunts**

10h00 **Speckle tracking**

10h20 **Cardiac trauma and Acute aortic syndromes**

10h40 Coffee break

11h00 **Hands on** | 4 groups of 5

A+B | **Intracardiac shunts and systemic embolism**

B+A | **Ventilatory weaning failure**

C+D | **Speckle tracking**

D+C | **ECMO and Impella case scenarios**

13h00 Lunch

14h00 **Hands on** | 4 groups of 5

C+D | **Intracardiac shunts and systemic embolism**

D+C | **Ventilatory weaning failure**

A+B | **Speckle tracking**

B+A | **ECMO and Impella case scenarios**

16h00 Coffee break

16h30 **Bring your own clinical case**

18h00 **Final considerations and satisfaction survey**

18h30 Course closure

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GENERAL LEARNING OBJECTIVES

- To acquire advanced tools for managing critically ill patients using echocardiography.
- To understand the nuances of when and how to perform Basic vs. Advanced Echo.
- To master TEE Views for complex cardiac assessments in critically ill patients.
- To gain an in-depth understanding of LV Diastolic Function and its implications.
- To apply VEXUS for assessing systemic venous congestion and guiding fluid management.
- To perform Lung Ultrasound for rapid diagnosis of respiratory conditions.
- To assess Prosthetic Valves and their potential complications.
- To conduct comprehensive echo assessment in Cardiogenic Shock.
- To diagnose Obstructed Heart conditions.
- To evaluate Diaphragm function and identify causes of Ventilatory Weaning Failure.
- To investigate Unexplained Sustained Hypoxia & Shunts.
- To understand the basics of Speckle Tracking.
- To rapidly assess Cardiac Trauma and Acute Aortic Syndromes.
- To diagnose Intracardiac Device Infections and Systemic Embolism.
- To integrate echo for device optimization and complication detection in ECMO and Impella cases.
- To foster a deep understanding of underlying physiology and clinical application, moving beyond image acquisition to true diagnostic and therapeutic integration.

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DURATION

- 2 days
 - Interactive clinical case scenarios modules
 - Hands-on sessions in a simulation center

COURSE REGISTRATION FEES

The registration is considered completed when the full registration amount is received by the CUF Academic Center.

FOR MORE INFORMATION

In case of doubts or need for additional information, please e-mail us at: centrodesimulacao@cuf.pt

SCIENTIFIC ENDORSEMENTS



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TARGET AUDIENCE

- Anyone who wants to acquire advanced tools to manage the critically ill.
- Professionals in intensive care, anesthesiology, cardiology, or any other specialty with an interest in echocardiography as an advanced clinical decision aid.
- Those undergoing training in specific stages of echocardiography.

ASSESSMENT METHODS

- Continuous evaluation during hands-on sessions and final theoretical examination.

ATTENDANCE REQUIREMENTS

- Basic echocardiographic training skills
- Basic or Level I echocardiography course (priority for who completed Echo Crit level I)