Program

January 25

08h30  Registration

09h00  Opening ceremony

Session 1  
Introduction to rhinoplasty
Chairmen: Artur Condé | Ferreira Moreira

09h30  Rhinoplasty - Historical review
João Bacelar

09h45  Rhinoplasty counseling, understanding the very begining
José Carlos Neves

10h00  Modern analysis and evaluation of the rhinoplasty patient
Diogo Carmo

10h15  Adaptation of Fibonacci concept to rhinoplasty
Emre Ihan

10h30  Coffee break

Session 2  
Approaches in rhinoplasty
Chairmen: Delfim Duarte | Dunja Milicic

11h00  Proper anesthesia technique for rhinoplasty
Regan Thomas

11h15  Endonasal approaches step-by-step
João Bacelar

11h30  Open approach step-by-step
Roxana Cobo

11h45  Delivery approach - Some tricks
João Bacelar

12h00  Structural approach in rhinoplasty
Roxana Cobo

12h15  Dynamic rhinoplasty - A new approach
Diogo Carmo

12h30  Surgical and non-surgical approaches for the thick skin patient
Roxana Cobo

12h45  Discussion

13h00  Lunch

Session 3  
The bony pyramid
Chairmen: Ezequiel Barros | João Fernandes

14h00  New concepts in sculpting the bony framework
Emre Ihan

14h15  Preservation rhinoplasty
João Bacelar

14h30  Open preservation rhinoplasty
Emre Ihan

14h45  Correcting the crooked nose
Regan Thomas

15h00  Osteotomies
João Bacelar
Program

15h15  **Nasal profile**
       Lidia Guimarães

15h30  Videoclip | **Spreader graft placement for the twisted nose**
       Regan Thomas

15h35  **Discussion**

15h45  **Clinical case**
       Rui Xavier

16h00  **Coffee break**

**Session 4**
**Functional rhinoplasty**
Chairmen: Jorge Spratley | José Abrunhosa

16h30  **Nasal airway evaluation**
       Rui Xavier

16h45  **Nasal valve collapse**
       Rui Pratas

17h00  **Bilateral pediculated septo-nasal flap for repair of large septal perforations**
       Sousa Vieira

17h15  Videoclip | **Extracorporeal septrhoplasty in children**
       Carlos Neves

17h20  Videoclip | **Angulated dome defining sutures**
       Roxana Cobo

17h25  Videoclip | **Rim grafts**
       Sousa Vieira

17h30  **Discussion**

17h45  **Clinical case**
       Eduardo Yap

18h00  **End of day 1**

**January 26**

**Session 5**
**Surgical techniques in rhinoplasty**
Chairmen: Carlos Macor | Ângelo Fernandes

08h30  Videoclip | **Sail excision for hanging ala**
       Eduardo Yap

08h35  Videoclip | **Auricular cartilage harvesting for rhinoplasty**
       Rui Xavier

08h40  Videoclip | **Superiorly pediculated SMAS-Ligament flap to control supratip**
       Roxana Cobo

08h45  **Gel of cartilage, when and how to use**
       Carlos Neves

09h00  **PolyCaprolactone mesh: a new absorbable graft in structural rhinoplasty**
       Eduardo Yap

09h15  **Alloplastic implants vs autogenous grafts**
       Regan Thomas

09h30  **Costal cartilage harvest and use in revision rhinoplasty**
       Emre Ihan
Program

09h45  Rhinoplasty in cleft lip patients
       Eduardo Yap

10h00  Videoclip | Partial costal cartilage harvesting for rhinoplasty
       Rui Xavier

10h05  Discussion

10h15  Clinical case
       Regan Thomas

10h30  Coffee break

Session 6
The nasal tip
Chairmen: Luisa Monteiro | Ricardo Pereira

11h00  Balance and beauty of the nasal tip
       Lidia Guimarães

11h15  Nasal tip correction dynamics
       Regan Thomas

11h30  Tip correction with sutures
       Fausto Fernandes

11h45  Suture control of the lower lateral crura
       Carlos Neves

12h00  Cephalic malposition of the lower lateral crura
       Rui Xavier

12h15  Combining preservation techniques to treat the bulbous nasal tip
       Roxana Cobo

12h30  Videoclip | Surgical treatment of a gigantic rhinophyma
       Diogo Carmo

12h35  Discussion

12h45  Clinical case
       Roxana Cobo

13h00  Lunch

Session 7
The middle vault
Chairmen: Carlos Ribeiro | Hugo Amorim

14h00  Correcting the overly wide middle vault
       Regan Thomas

14h15  e-PTFE as dorsal augmentation material
       Eduardo Yap

14h30  Diced cartilage in profileplasty
       Sousa Vieira

14h45  Dorsal augmentation with diced cartilage with fibrin glue
       Roxana Cobo

15h00  Safe hump resection
       Sousa Vieira

15h15  The nasal hump and the ideal profile, preserving or rebuilding
       Carlos Neves
RinoArrabida 2019
Rhinoplasty

25th, 26th, 27th January, 2019
Hospital da Luz Arrábida and Hotel Ipanema Park

Program

15h30   Videoclip | Costal cartilage dorsal augmentation
        Emre Ihan

15h34   Discussion

15h45   Clinical case
        Emre Ihan

16h00   Coffee break

15h30   Videoclip | Soft tissue excision in bulbous tip
        Eduardo Yap

16h35   Videoclip | Lateral crura flap technique
        Regan Thomas

16h40   Videoclip | Minor revisions: what I do
        Emre Ihan

16h45   Long term complications in rhinoplasty
        Eduardo Yap

17h00   Satisfaction in rhinoplasty - Much more than only the nose
        Diogo Carmo

17h15   Pearls for a successful rhinoplasty
        Rui Xavier

17h30   Adjunctive procedures to improve results after rhinoplasty
        Diogo Carmo

17h45   Discussion

18h00   End of day 2

January 27

08h30   Rhinoplasty techniques demonstration

09h00   Dissection

10h30   Coffee break

11h00   Rhinoplasty techniques demonstration

11h30   Dissection

13h00   End of session