



II No Consensus Lisbon Spine Meeting

January 23 and 24, 2026 | Hospital CUF Descobertas auditorium and online

SCIENTIFIC AND PROGRAM COMMITTEE

Jorge Mineiro (Chairman)
Joao Cannas
Luis Barroso
André Barros
Nuno Lança

SPEAKERS AND MODERATORS

Ahmet Alanay (Turkey)
Amer Samdani (USA)
António Oliveira (Portugal)
Carl-Eric Aubin (Canada)
Colin Nnadin (UK)
David Farrington (Spain)
Eduardo Hevia (Spain)
Jesús Burgos (Spain)
Jorge Mineiro (Portugal)
Moyo Kruyt (Netherlands)
Muharrem Yazici (Turkey)
Nelson Carvalho (Portugal)
Nuno Alegrete (Portugal)
Pedro Fernandes (Portugal)
Per Trobisch (Germany)
Tah Pu Ling (Portugal)
Thanos Tsirikos (UK)

EVENT MANAGER

Célia Castiço

MEETING FEE

	IN PERSON	ONLINE
Orthopedists and specialists:	50€	40€
Residents:	35€	25€
Nurses:	25€	15€
Physiotherapists:	30€	20€
Other technicians and students:	25€	15€

REGISTRATION HERE



Spinal Tethering and Growth Modulation in AIS

DAY 23

08h30 Registration

Spinal development in the growing adolescent

Moderators: Thanos Tsirikos | Nelson Carvalho

09h00 Welcome & opening

Jorge Mineiro

09h10 Spinal growth in adolescence

Pedro Fernandes

09h30 Biomechanics of scoliosis development in adolescent idiopathic scoliosis

Moyo Kruyt

09h50 Principles of spinal tethering

David Farrington

10h10 What are the cases we may consider abandoning bracing and choose one of these growth modulation procedures?

Colin Nnadin

10h30 Biomechanics of different forms of spinal tethering in scoliosis

Carl-Eric Aubin - [ONLINE](#)

11h00 Coffee break

Adolescent idiopathic thoracic scoliosis (AIS) and anterior vertebral body tethering (AVBT)

Moderators: Per Trobisch | Pedro Fernandes

11h30 Adolescent idiopathic thoracic AIS and AVBT

Ahmet Alanay

11h50 What are the indications and longterm outcomes for a selective spinal fusion in thoracic AIS

Muharrem Yazici

12h15 What are the midterm outcomes of AVBT for these thoracic AIS

Ahmet Alanay

12h40 How to avoid / solve complications in selective thoracic fusion

Muharrem Yazici

13h00 Lunch

14h00 How to avoid / solve complications in thoracic AVBT

Amer Samdani

14h20 Discussion and case presentation



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Adolescent idiopathic thoraco-lumbar and lumbar scoliosis (AIS) and vertebral tethering

Moderators: Ahmet Alanay | Tah Pu Ling

- 15h00 Adolescent idiopathic thoraco-lumbar and lumbar AIS and AVBT**
Per Trobisch
- 15h20 What are the present indications and outcome of a Posterior Vertebral Pedicular Tethering (PVPT) technique in a progressing thoraco-lumbar AIS**
Jorge Mineiro
- 15h40 What are the indications and longterm outcomes for a selective spinal fusion in thoraco-lumbar / lumbar AIS**
Muharrem Yazici
- 16h05 How to avoid / solve complications in thoraco-lumbar AVBT**
Per Trobisch
- 16h25 How to avoid / solve complications in thoraco-lumbar PVPT**
Jorge Mineiro
- 16h45 How to avoid / solve complications in selective fusions for thoraco-lumbar / lumbar AIS**
Muharrem Yazici
- 17h00 Coffee break**
- 17h35 Is tether breakage a real issue in spinal tethering?**
Jorge Mineiro
- 17h55 Discussion and case presentation**
- 19h00 End of 1st day**

DAY 24

Other spinal non-fusion techniques for the treatment of AIS

Moderators: Muharrem Yazici | António Oliveira

- 08h30 Indications for spring distraction system and device in EOS**
Moyo Kruyt
- 08h50 Indications for temporary posterior pedicular instrumentation without fusion in AIS**
Eduardo Hevia
- 09h10 Are there still indications to use the APIFIX in AIS?**
Nuno Alegrete
- 09h30 What are the indications to use a posterior hybrid technique (fusion + non-fusion) in AIS**
Jorge Mineiro
- 09h50 What are the indications to use an "anterior" hybrid technique (fusion + non-fusion) in AIS**
Amer Samdani
- 10h10 How to avoid / solve complications in the spring distraction technique in EOS**
Moyo Kruyt
- 10h35 How to avoid / solve complications in the temporary posterior instrumentation technique**
Jesús Burgos
- 10h50 How to avoid / solve complications in the anterior hybrid technique in AIS**
Amer Samdani
- 11h00 Coffee break**
- 11h30 Discussion and case presentation**
- 12h25 Are all these tethering + non-fusion procedures true spinal growth modulation techniques?**
Thanos Tsirikos
- 12h45 Sum up and closure**
Jorge Mineiro